

# THE SEA VIEW LOUNGE @ ST.HELENS BAY GOLF RESORT



**St.Helen's Bay**  
GOLF RESORT

# M E N U





## SAINT HELENS WINE LIST

Welcome to our new wine menu at Saint Helens GC. The wines we have chosen are from award winning wineries and winemakers, we hope you enjoy

### WHITE WINE

Glass      Bottle

#### NEW ZEALAND

##### Petal and stem Sauvignon Blanc

€9.50    €34.00

The wine shows intense, fresh, and vibrant tropical notes to the nose. Passionfruit and white pear characters are supported by some grapefruit notes. Its crisp acid structure helps to retain these characters into a well-balanced wine.

#### ITALY

##### Conto Veechio Pinot Grigio

€7.50    €27.00

crispy and fruity organic wine. It preserves the aromas of the grape grown on the hills in Sicily. It's characterized by citrus notes, tropical fruit flavours, well balanced acidity.

#### SPAIN

##### Raimat Albarino

€32.00

Straw yellow in colour, the nose shows aromatic white flowers mixed with citrus notes as well as pear and pineapple. Dry on the palate this is fresh and mineral like.

#### FRANCE

##### La Serre Sauvignon Blanc

€7.50    €27.00

Lovely green apple, and pear flavours. Crisp dry and refreshing with excellent mouthfeel and texture.

#### FRANCE

##### Cap Cette Picpoul De Pinet

€32.00

Bright and lively with a dry, light-bodied palate, crisp with fresh zesty citrus aromas, ripe apple, and subtle floral and mineral notes on the finish.

### ROSÉ WINE

#### SPAIN

##### Vina Real Rose

€30.00

This Rosé is an elegant, soft, and intriguing wine. It flaunts a pale blush hue with floral nuances and red berries on the nose. The grape component brings great freshness and persistence to the palate.

## RED WINE

### CHILE

#### La Serre Cabernet Sauvignon

This wine is a vivid deep purplish red in colour and boasts an intense nose with notes of blackberry and peppermint. Round and delectable on the palate with lovely flavours of black fruit.

Glass	Bottle
€7.50	€27.00

### ITALY

#### Villa Dei Frei Montepulciano d Abruzzo

It has aromas of dark fruits like blackberries, and liquorice with sweet notes of nutmeg, cinnamon, vanilla, and buns. In mouth, it is intense, with medium acidity and body, and well-integrated tannins.

€33.00

### CHILE

#### Lorosco Reserva Merlot

Impressive aromas of blackberry and ripe red berry fruit, with a touch of anise and subtle oak that adds vanilla and spice characters. The medium bodied palate is full of sweet fruit and ripe tannins.

€7.50 €27.00

### AUSTRALIA

#### Shiraz

Punchy Shiraz with loads of black fruit amazing long elegant finish.

€33.00

### ARGENTINA

#### El Collective Malbec

In the glass the wine presents aromas of morello cherries, mulberries, blueberries, blackcurrants, and plums, complemented by sun-warmed rocks and forest floor.

€29.00

## BUBBLES

### ITALY

#### Maschio Dei Cavaleiri Frizzante

Checky little sparkler loads of fizz with a juicy fresh finish.

Snipe	Bottle
€10.00	€32.00

## LUNCH & BRUNCH MENU

SERVED FROM 11AM – 5PM

10AM - 5PM SATURDAY AND SUNDAY

### FULL IRISH BREAKFAST

Crispy Bacon, Sausages, Fried Egg, Black & White Pudding, Hash-brown and Grilled Tomato served with Tea or Coffee and Toast (1.3.7)

€12.95

### MINI IRISH BREAKFAST

Choose 4 of the above served with Tea or Coffee and Toast (1.3.7)

€8.95

### POACHED EGGS ON SOURDOUGH

With smashed Avocado, Pico de Gallo, pickled Fennel & Red Onions

Add Crispy Bacon (1.3.7)

€10.95

€2.50

### BREAKFAST BAGEL

Crispy Bacon and Cream Cheese served on a toasted Bagel (1)

€6.95

### HOMEMADE FRUIT SCONE

Served with Butter and choice of Preserve and Cream (1, 3)

€3.95

### TOAST

Toasted Wholemeal or White Sliced Bread served with Butter & Choice of Preserves. (1)

€3.50

### BACON & CHICKEN TRIPLE DECKER

Roasted Chicken, Mature Cheddar, Crispy Bacon, Coleslaw, Tomato, Red Onion & Mixed Leaves served on Wholemeal or White Sliced Bread. (1)

€9.95

### TUNA MELT SAMBO

Tuna, Grated Cheddar Cheese, Red Onion & Tomato served on Toasted Wholemeal or White Bread or Wrap (1, 4,7, 13)

€7.95

### CHICKEN & STUFFING SAMBO

Chicken, Mayo, Sage and Onion Stuffing with Cranberry Sauce served on Wholemeal or White Sliced Bread or Wrap (1,3,7)

€5.95

### BUILD YOUR OWN SANDWICH

Choose any 3 of the following fillings – Chicken, Ham, Crispy Bacon, Tuna Mayonnaise Cheddar Cheese, Avocado, Coleslaw, Mixed Leaves, Stuffing, Red Onion, Tomato, Cucumber, Sweetcorn served on choice of Bread or Wrap (1)

€5.95

Add a portion of Chips to any of the above (12)

€3.50

### CAESAR SALAD

Shaved Parmesan, Crispy Bacon, Romaine Lettuce & Croutons, mixed in Caesar dressing. (1,3)

€11.25

Add Chicken

€2.50

### CAPRESE SALAD

Italian salad, made of sliced fresh mozzarella, tomatoes, and sweet basil, seasoned with salt, and olive oil. (2,7)

€10.95

# DINNER MENU SERVED FROM 5PM -9.30PM

## STARTERS

CAESAR SALAD €11.25

Shaved Parmesan, Crispy Bacon, Romaine Lettuce & Croutons, mixed is Caesar dressing. (1,3)

Add Chicken extra €2.50

CAPRESE SALAD €10.95

Italian salad, made of sliced fresh mozzarella, tomatoes, and sweet basil, seasoned with salt, and olive oil. (2, 7)

Soup of the Day with Brown Bread €6.95

## MAIN COURSE

CHARGRILLED BURGER €15.95

Chargrilled Beef Burger served with lettuce, Tomato, onion, crispy Bacon with cheddar

Cheese and Relish on a Brioche Bun, served with French Fries ( 1.3.6.10)

FRESH FISH OF THE DAY €20.95

Choose how you want it cooked either deep Fried, Pan Fried or Oven Baked (1.3.4.6.10)

Served with Seasonal Vegetables and Potato or Salad and Chips

INDIAN CHICKEN CURRY €16.95

Indian-inspired creamy chicken curry served with Poppadum's & Basmati Rice. (7,10,11)

10- OZ RIB-EYE STEAK €25.95

Chargrilled and served with Mushroom & Caramelized Onions and choice of Seasonal

Vegetables and Potatoes or Salad and French Fries (1,3,7,10)

## DESSERT

Ask waiter for choice of Desserts €6.95 (1,3,13)

## KIDS MENU

BEEF BURGER & CHIPS (1,3,6,10) €7.95

SAUSAGES & CHIPS (4) €7.95

FISH GOUJONS & CHIPS (1, 2, 4) €7.95

CHICKEN NUGGETS & CHIPS (1, 2) €7.95

Add Baked Beans to any of the above €1.00 extra (6)

MIXED BASKET individually or to share (1, 2, 4) €11.95

including Fish Goujons, Sausages, Chicken Nuggets and Chips

## DESSERTS

Jelly and Ice-cream (7) €3.95

Plain Ice-cream (7) €2.95

## ALLERGENS

1 Cereals Containing Gluten

2 Crustaceans

3 Eggs

4 Fish

5 Peanuts

6 Soya Beans

7 Milk

8 Nuts

9 Celery

10 Mustard

11 Sesame Seeds

12 Sulphur Dioxide and Sulphites

13 Lupin

14 Molluscs



**St.Helen's Bay**  
GOLF RESORT

**(053) 9133234**



ORDER A BULMERS & SAN MIGUEL  
FROM YOUR SERVER

